



May 12th, 2011: International Chronic Fatigue & Fibromyalgia Awareness Day!!

IT'S TIME:

- FOR VOICES TO BE HEARD
- FOR PROFESSIONALS TO BE AWARE

***Government Data confirms that Canadians with
Fibromyalgia and Chronic Fatigue are very disadvantaged:***

The following information was extracted by the National ME/FM Action Network from the Statistics Canada datafile for **2005 Canadian Community Health Survey:**

FACTS:

Fibromyalgia Syndrome: est. 390,000 Canadians have been diagnosed
Over 70% were ages 45 plus. 25% were younger than 45. Over 80% were female.

Chronic Fatigue Syndrome: est. 334,000 Canadians have been diagnosed
Over 70% were ages 45 plus. 30% were younger than 45. 65% were female; 35% male.

IT'S TIME FOR:

- **10th International IACFS/ME Conference:**
***“Translating Evidence into Practice: Chronic Fatigue
Syndrome, Fibromyalgia, and Related Illnesses”***
- Ottawa, On., - September 22-25th., 2011
- **PROFESSIONAL ACCESS & USE OF CFS –
FMS MEDICAL CONSENSUS DOCUMENTS**
 - **EDUCATION & AWARENESS**

FOR INFORMATION, HELP AND SUPPORT CONTACT:
The National Me/FM Action Network

Web: www.mefmaction.net

512-33 Banner Road, Nepean, Ontario K2H 8V7 CANADA