

ICAM Conference Speakers and Topics

Traditional Chinese Medicine in the Treatment of Anxiety and Mood Disorders

Dr. Steven Aung:

- World Health Organization advisor on the standardization of acupuncture
- President, Canadian Medical Acupuncture Society
- President, World Natural Medicine Foundation.

Integrating Complementary, Alternative and Traditional Approaches-Methodology

Dr. James Lake:

- Attending physician at Stanford's Center for Integrative Medicine where he helped establish integrative mental health services
- Currently authoring his fourth book on mental health care.

Integrating Complementary and Alternative Medicine and Mental Health

Dr. Badri Rickhi:

- Founder and Director of the Canadian Institute of Natural and Integrative Medicine (CINIM)
- Associate Clinical Professor of Medicine, University of Calgary
- VP of the Canadian Medical Acupuncture Society.

Ayurvedic Treatment of Anxiety and Mood Disorders

Dr. Scott Gerson:

- A leading authority on Ayurvedic Medicine
- Helped establish Mt Sinai School of Medicine's (NY) first course on alternative medical treatments.

Legal Issues in Integrative Medicine Relating to Mental Health Care

Michael H. Cohen

- Attorney, author, speaker and Harvard University professor
- Specializes in legal and business issues arising out of integration of complementary and alternative medicine into mainstream health care

Energy Medicine and Mental Health

Dr. William Tiller, Professor Emeritus, Stanford University

- Published over 250 scientific papers, three books and several patents

Nutrition Probiotics and Biomedical Herbs and Mental Health

Dr. Alan Logan

- Naturopathic physician
- Teaches mind-body medicine at Harvard's School of Continuing Medical Education
- Author of "The Brain Diet" and "The Clear Skin Diet"

Native American Healing and Mental Health

Dr. Lewis Mehl-Madrona

- Coming from indigenous origins, he is passionate about seeing his culture contribute their richness in story and healing traditions to mainstream society
- Has worked with communities and companies using narrative perspectives.
- Graduate from the Stanford University School of Medicine.

Transcranial Magnetic Stimulation & the Treatment of Mental Disorders

Dr. Antonio Mantovani, MD, Ph.D.

- Completed his medical training at Rome University and his psychiatry training at Siena University.
- As a Post-Doctoral Fellow, he designed and performed open and sham-controlled trials of TMS in the treatment of OCD, Tourette Syndrome, Panic Disorder, Depersonalization Disorder, and Major Depression.

Chiropractics & Mental Health

Dr. Christopher Kent, D.C., J.D

- Co-founder of the Chiropractic Leadership Alliance (CLA)
- He's an attorney as well as a chiropractor
- Author of articles in peer-reviewed and popular journals, a contributor to textbooks, and has served on the postgraduate facilities of several chiropractic colleges.

Psychopharmacologic Treatment of Mood and Anxiety Disorders—the Evidence

Dr. David Mischoulon, M.D., Ph.D.

- Assistant Professor of Psychiatry at Harvard Medical School
- Director of Research at Massachusetts General Hospital's Depression Clinical and Research Program (DCRP)
- Assistant Program Director at the Massachusetts Institute of Technology's Clinical Research Centre.

Psychotherapeutic Treatment of Mood and Anxiety Disorders—The Evidence

Dr. Steward Cooper, Ph.D.

- President of the Society of Consulting Psychology
- Director of Counseling Services and Professor of Psychology at Valparaiso University
- Published over 70 articles in peer-reviewed psychology journals, author or editor of four books.

Homeopathy and Mental Health—Understanding the Applications

Pamela A. Pappas, M.D., M.D.(H)

- Board-certified psychiatrist and classical homeopath
- Served a fellowship in Psychosomatic Medicine at Duke University Medical Center, is a graduate of Dr. Andrew Weil's fellowship in Integrative Medicine at University of Arizona.

Aromatherapy and Mental Health—The Science, It's Application and the Evidence

Dr. Daniel Penoel, M.D.

- 30 years of teaching in medical and scientific aromatherapy to: health specialists and students through France, Europe, North America, the U.S., Australia, Africa and Japan.
- Published six books.

Complementary and Alternative Medicine and Mental Health: A Nursing Perspective

Professor Mariah Snyder, Ph.D., R.N.

- Principal Investigator on grants from the National Institute of Nursing Research for studying the use of advance practice nurses in nursing homes
- Studies the use of complementary therapies from the Alzheimer's Association.
- Studies gerontological nursing from the DHHS Division of Nursing.

The Wrong Medicine: An Evidence-Based Alternative to the Biomedical/Commercial Paradigm

Dr. John Abramson, M.D.

- Family doctors for over 20 years
- Book: "The Broken Promise of American Medicine".

The Present and Future of ICAM and Mental Health

Dr. James S. Gordon, M.D.

- Founder and Director of the Center for Mind-Body Medicine (CMBM) and a Clinical Professor in the Departments of Psychiatry and Family Medicine at the Georgetown University School of Medicine.

Spirituality and Mental Health

Reverend Dr. Shane P. Andrus, Ph.D.

- Pastor of the Victory Lutheran Church in Medicine Hat, Alberta
- Doctoral research: The Transformative Power of Positive Preaching in the 21st Century Funeral and Memorial Rituals.

Workshop: Biofeedback

Rama K. Mishra, PhD

- Clinical Psychologist and Neuropsychologist in Medicine Hat, Alberta
- Fourteen publications in referred journals in psychology
- His clinical and research interests are in "brain and behavior relationships in adolescents, adults and older adults."

Workshop: Herbs and Nutrition, N.D.

Dr. Alison Drought

- A Naturopathic Doctor, Dr. Drought coordinates a multi-disciplinary clinic called Synergy Wellness Centre in Alberta.