

H1N1 Flu Vaccine: Dosing Recommendations

KNOWLEDGE IS YOUR BEST DEFENCE

CATEGORY	DOSING RECOMMENDATION
Age 0-5 months	H1N1 flu vaccine not authorized for use
Age over 6 months and less than 3 years	2 half-doses of adjuvanted* vaccine There should be a minimum of 21 days between the 2 half-doses.
Age 3 to 9 years - <i>Healthy children</i>	1 half-dose adjuvanted* vaccine, for now**
Age 3 to 9 years - <i>Children with chronic medical conditions</i>	2 half-doses of adjuvanted* vaccine There should be a minimum of 21 days between the 2 half-doses.
Healthy people age 10 to 64 years	1 dose either adjuvanted* or unadjuvanted vaccine
People aged 10 to 64 years with weakened immune systems	1 dose adjuvanted* vaccine
People aged 65 years and over	1 dose adjuvanted* vaccine
Pregnant women	1 dose unadjuvanted vaccine
Pregnant women - <i>More than 20 weeks pregnant</i>	If unadjuvanted vaccine is not available and rates of H1N1 flu are high or increasing in the community, women more than 20 weeks pregnant should be offered 1 dose of adjuvanted* vaccine.
Pregnant women - <i>With severe chronic disease</i>	If unadjuvanted vaccine is not available and rates of H1N1 flu are high or increasing in the community, pregnant women with severe chronic disease should be offered 1 dose of adjuvanted* vaccine.

* An adjuvant is a substance that is added to a vaccine to boost the individual's immune response. It includes naturally occurring oil (called squalene), water and vitamin E.

** These recommendations may be updated as more information becomes available.

CO-ADMINISTRATION RECOMMENDATIONS

- H1N1 flu vaccine may be administered concurrently with seasonal flu vaccine and other vaccines.
- If co-administered, injections should be given in separate limbs.
- If not given concurrently, there is no minimum interval required between the H1N1 flu vaccine and other vaccines.
- This advice is consistent with the Canadian Immunization Guide.

To find out more, visit www.fightflu.ca or call 1 800 0-Canada (1-800-622-6232) (TTY 1-800-926-9105)



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